

Final Eligibility Committee List
(for moves during July 2024)



First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Elinor	Cole	Senior	Parc Bryn Bach Running Club	Blaenau Gwent Athletics	East Wales	01/07/2024
Tim	Cahill	Senior	Abergele Harriers	Prestatyn RC	North Wales	24/07/2024
Martin	Green	Senior	North Wales Road Runners	Meirionnydd Running Club	North Wales	10/07/2024
Dafydd Trystan	Davies	Senior	Agile Run	Clwb Run Wales	South Wales	21/07/2024
Sanna	Duthie	Senior	Amman Valley Harriers	Clwb Run Wales	South Wales	05/07/2024
RACHAEL	HARRIES-JONES	U13	Blaenau Gwent Athletics	Cardiff Athletics	South Wales	23/07/2024
Caitlin	Jones	U20	Aberdare Valley AAC	Pontypridd Roadents AC	South Wales	19/07/2024
Louise	Phillips	Senior	Aberdare Valley AAC	Rhondda Valley Runners	South Wales	22/07/2024
Dominik	Plesiewicz	U17	Aberdare Valley AAC	Cardiff Athletics	South Wales	08/07/2024
nia	reddy	U20	Aberdare Valley AAC	Pontypridd Roadents AC	South Wales	19/07/2024
Anthony	Smets	Senior	Cardiff Athletics	Les Croupiers	South Wales	06/07/2024
Kierran	Spiers	Senior	Ogmore Phoenix Runners	Clwb Run Wales	South Wales	18/07/2024
James	Walker	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	12/07/2024
David	Butler	Senior	Ogmore Phoenix Runners	Neath Harriers	West Wales	10/07/2024
Gavin	Oak	Senior	Port Talbot Harriers	Neath Harriers	West Wales	08/07/2024
Amy	Tucker	U20	Llanelli AC	Carmarthen & District Harriers	West Wales	29/07/2024